

The Finn's World Project



My name is Elizabeth Bonerb. I own Maryelizabeth's edibleart. Most of the sweet treats that you enjoy as a Gourmet Store customer are created in a little upscale bakery in the foot hills of the Appalachian Mountains. I started my pastry business over 20 years ago after leaving the last JOB I will ever have. I felt that there was something in my future that would give me a unique opportunity to be a positive influence in a much larger arena than the JOB did. Since then I have become one of those shadowy, withdrawn sorts that one hears about but never actually sees, working away in the silence of a hidden sanctuary. I come out now and then to, in an anonymous way, leave blessings and smiles with everyone who enjoys my products. See me at: www.edibleart.com

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I am a pastry chef/graphic artist and a student of metaphysics. In my long, quiet hours in the bakery as I prepare for Monday's Gourmet Store deliveries I think about things... I try to think about happy things because I want to be sure that my work tastes good. Lately I have been reflecting on my childhood days with new eyes, though. Although my childhood was very solitary it was alive with interesting experiences that wove the fabric of a reality that was truly my own. It was a world filled with wonder and great visions of what "someday" would look like. It was ordinary on the outside but what went on in my head...well it made me what I am today, as they say! As a child, I had a basement workshop where I designed May baskets for the neighbors, and visited with my terrariums full of snails, salamanders and mosses gathered on my solitary expeditions all over Chestnut Ridge Park. I started going on Saturday window shopping trips into downtown Buffalo alone on the bus at a very young age. I relished wandering around Ulbrich's in search of art supplies. Halloween was a favorite time. I loved the anonymous and sugary outpouring of love from neighbors within at least a three block radius of where I lived. My parents weren't overly apprehensive as I ventured out on my own to see the world. I always returned home safe and happy and energized.

Back to the present... I started working with the Gourmet Store about six years ago. Jane and Martin, owners of The Gourmet Store became parents of a little boy, named Finn. As my thoughts wandered around in those long, silent hours I started thinking about all the fun that Finn would be having as he grew up. I did realize that he might not experience some of the things that I did though, because today some of that stuff just isn't safe because of the negative energy that has washed over our world. "Energy is energy!" I thought... "You can't destroy it BUT you CAN counteract it." I thought about what I could contribute to a happy, safe world for Finn and his contemporaries. I am only one person, so I thought about who I am connected to. I thought about Martin and The Gourmet Store. He touches the lives of so many people every day, as a debonaire and zaney ambassador of good taste, charm, and fun. In my mind, I envisioned him right away as my counterpart in the goodie give away which is "The Finn's World Project". Each week I create special, limited edition edible items that Martin gives away free of charge... except for one little string attached...the recipients are asked to do something kind for an unsuspecting person. It can be anybody...it can be anything that makes cosmic sense.

The Finn's World project is actually a verb... you know... ACTION! It's time to become part of the solution to combat the weirdness, negativity, and real evil in this world that threatens joyous and free living. DO SOMETHING POSITIVE instead of just *standing there!* Right? Remember... If you do what you can from where you are with what you have, you will be the change you'd like to see happen. Start today! Spiritual